



SEDONA MAGO RETREAT

3500 Bill Gray Rd. Sedona, AZ 86336
Mailing: 989 S. Main St. Ste A PMB-605, Cottonwood, AZ 86326
Phone: 800-875-2256, 928-204-3391, Fax: 480-304-3410
www.taofellowship.org

Travel Guide to Sedona Mago Retreat

Sedona Mago Retreat (Mago Garden) is located 16 miles southwest of Sedona, Arizona between Sedona and Cottonwood. Sedona sits approximately 125 miles north of Phoenix and 40 miles south of Flagstaff. Weather in Sedona is cooler than other Arizona locations because of its 4,500-foot altitude. Typical desert weather is warm or hot in midday and can cool considerably at night. Sedona weather is subject to summer monsoons, bringing heavy, short rains. Check the forecast before coming in order to know what conditions to expect and how to pack. Wearing layers is recommended.

What to Bring:

- During Fall and Winter: bring warm clothes appropriate for outdoor training: i.e. coat, gloves, hat, scarf, long underwear, walking shoes, boots etc.
- During Spring (March-May) the nights can be chilly, so bring a jacket or sweater.
- During rainy season (end of July-August) bring raincoat, waterproof shoes or rain boots and umbrella.
- The sun in Sedona is very strong: Year-round bring sun protection: hat, sunscreen, sunglasses, long sleeved shirts and pants. These items can be purchased at our Welcome Center.
- Other items: personal water bottle, flashlight, indoor slippers, camera, reading glasses, swimsuit, journal, quarters for laundry.
- Our guest rooms are supplied with towels and soap. You will need to bring: toothbrush, toothpaste, shampoo, conditioner, lotion, hairdryer (if needed). These items can also be purchased at our Welcome Center (except hairdryer).

When making flight arrangements:

- For most programs the first session begins at 7:30pm on the first day and the last session ends at 12:00pm Noon on the last day. However, the schedule for each program is subject to change, so please check with the coordinator of your program for exact starting and ending times.
- When arranging your flight time consider that by shuttle it will take 2.5-3 hours to travel from the Phoenix airport to Mago Garden (and from Mago Garden back to the airport.)

If you are coming by shuttle from the Phoenix airport you will take 2 shuttles:

- 1st shuttle: Phoenix Airport to Cottonwood, AZ (2 hrs)
- 2nd shuttle: Cottonwood, AZ to Mago Garden (35 min, complimentary)

To arrange the 1st Shuttle call:

Sedona Phoenix Shuttle (Main shuttle service)

800-448-7988, 928-282-2066

www.sedona-phoenix-shuttle.com

- Make a reservation for the shuttle in advance.
- Mention that you are going to Mago Garden and you will receive a discounted rate (\$80) on a

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roundtrip ticket. Currently the regular rate is \$90. *Discount is not available on one-way tickets.* (Shuttle time table is attached.)

- Sedona Phoenix Shuttle accepts cash or traveler's checks only.
- When you arrive at the airport, go to the baggage claim area and find the "Greater Arizona Ground Transportation" counter. This is where you can buy your ticket and wait for the shuttle.
- Shuttle stop is the Cottonwood Shuttle office. Mago Shuttle will pick you up from here.

If Sedona Phoenix Shuttle's times do not work with your schedule another shuttle service is available:

Ace Xpress Shuttle Service

800-336-ACEX, 928-639-3357

www.acexshuttle.com

- Make a reservation for the shuttle in advance. Price is \$60 one way, \$99 round-trip.
- As soon as you land at the airport call Ace Xpress Shuttle and they will give you information about where to meet them.
- Ace Xpress accepts cash and checks only (personal checks are okay).
- Mention that you are going to Mago Garden. Shuttle stop is the Best Western Inn 993 South Main Street, Cottonwood, AZ at the corner of Highway 89A and Highway 260. The Mago Shuttle will pick you up from here.

To arrange the 2nd shuttle:

When your 1st shuttle is arranged fax in the shuttle reservation form (attached) or let the coordinator of your program know. ***If your flight is delayed and you miss your shuttle, call the Mago Garden Welcome Center at 928-204-3391 to let us know what time your rescheduled shuttle will arrive.***

If you are driving to Mago Garden:

Directions from Phoenix & Southern Arizona:

Take Interstate Highway I-17 North for about 90 miles. Then take the Cottonwood Exit (#287). Turn left and follow Hwy 260 West toward Cottonwood for 12 miles to the intersection of Hwy. 89A. Turn right going toward Sedona. Go through two traffic lights and then you will see a brown sign indicating 761 or Bill Gray Road on your left side. Turn left onto Bill Gray Road.

You will see two large gold colored statues on your right at the Immaculate Conception Church on your left. Continue to follow the paved road towards the cemetery about 500 feet and you will see an unpaved road on your right. This is Bill Gray Road. There will be a brown colored sign saying "761". Bill Gray Road is an unpaved forest service road. Please drive 20-25 mph on this road and it will take about 30-35 min at this speed. Follow this dirt road for approximately 10.8 miles until you see the sign for Ilchi Road on your right side. Turn left at this sign, cross the cattle guard, and go approximately 1,000 feet to the Sedona Mago Retreat's main gated entrance. You will see a call box on your left, push the "CALL button" to ring the Welcome Center attendant. Once the attendant lets you in, follow the signs to Registration.

Directions from Flagstaff & Northern Arizona:

Take 89A South through Sedona until you find a brown sign indicating 761 or Bill Gray Road on your right side and turn right onto Bill Gray Road. OR take I-17 south from Flagstaff to the Sedona exit (for Hwy. 179), follow 179 into Sedona and turn left onto Hwy. 89A (going toward Cottonwood). Follow Hwy. 89A through Sedona until you see a brown sign for 761 or Bill Gray Road on your right side, and turn right onto Bill Gray Road. From this point, please follow the instruction above.

CAUTION: PLEASE READ BELOW CAREFULLY

- If you are using a GPS or online maps, input the destination address as: **685 N. Bill Gray Road, Cottonwood AZ 86326**. This is our Mago Information Center address which is a 35 min drive away (10.8 miles) from the Sedona Mago Retreat grounds. Sometimes this address does not show up on some GPS systems, in which case you can input our neighbor's address: 700 N. Bill Gray Road Cottonwood, AZ 86326 (Immaculate Conception Church).
- **When you come to our retreat center by car, please do NOT use Forest Service Road 525. If you use GPS, it may lead you to 525, but do not follow those instructions.** Forest Service Road 525 passes through our neighbors' private properties. In respect of our neighbors' privacy and quietude of life, we request all our staff, members, visitors and contractors not to use Forest Service Road 525. Instead, go straight on Hwy 89A to Mago Information Center and take Bill Gray Road.
- * 부탁말씀 : 마고가든에 오실 때 다음 사항을 주의해 주시기 바랍니다.
 - 세도나 혹은 플래그스텝 방면에서 차량을 이용해서 마고가든에 오실 경우, "포레스트 서비스 로드인 525번 도로"는 절대 사용하지 마시기 바랍니다. GPS를 사용하시면, 보통 GPS가 당신을 525번 도로로 안내를 합니다. 그 안내를 따르지 마시기 바랍니다. "포레스트 서비스 로드 525번 도로"는 마고가든의 이웃 주민들의 개인 땅을 지나가게 됩니다. 마고가든 이웃 주민들의 사생활과 조용한 삶을 존중하여, 마고가든의 모든 스텝들, 회원들, 방문객들, 업무상 방문객들, 모든 분들께 포레스트 서비스 로드인 525번 도로는 사용하지 마시기를 부탁드립니다. 그 대신에, 하이웨이 89A를 타셔서 마고가든 인포메이션 센터까지 오셔서, 빌 그레이 로드를 이용해서 마고가든으로 오시기 바랍니다.
 - GPS 혹은 온라인 지도를 이용해서 세도나 마고가든에 오실 경우, 다음 주소를 목적지에 입력해 주시기 바랍니다: 685 N. Bill Gray Road, Cottonwood AZ 86326. 이것은 마고가든에서부터 약 35분(10.8 마일) 떨어져 있는 "마고가든 인포메이션 센터" 주소입니다. 이 인포메이션 센터까지 오시면, 거기서부터 Bill Gray Rd를 타고 마고가든까지 10.8 마일을 운전해 오시면 됩니다. 가끔은 이 주소가 일부 GPS 시스템에서는 잡히지 않을 수 있습니다. 그럴 경우에는 바로 길 건너편에 있는 교회 주소를 입력해서 마고가든 인포메이션 센터까지 오시면 됩니다. 길 건너편 교회주소 : 700 N. Bill Gray Road Cottonwood, AZ 86326

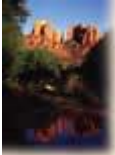
Alcohol Free & Smoke Free Facility and Meat Free Menu: Mago Garden is an alcohol free and smoke free facility. Our dining hall provides a mostly vegetarian menu with seafood & dairy. No meat, other than seafood, can be consumed on Mago Garden grounds.

Important Medical Advice: Because Mago Garden is in the middle of a desert and national forest with only small towns nearby, you and our staff need to be ready to treat a variety of situations that might need medical attention. Therefore, we strongly recommend that you bring with you an ample supply of any medications, prescriptions and devices that you think you might need based on your history of any medical problems or vulnerabilities. In the event of an emergency, we will drive you to the emergency room of a major hospital, Verde Valley Medical Center, in Cottonwood.

Phones and Internet: For the sake of serenity and reinforcing the training environment, there are no phones, computers or televisions in our guest rooms. Phone and internet access is available at the Welcome Center. Cell phone use is permitted on the premises. During your stay at our retreat center, an emergency call can be received and delivered 24 hours a day by our staff at 928-202-6834.

For more information contact our Welcome Center at:
phone: 928-204-3391 or 1-800-875-2256
email: info@taofellowship.org, website: www.taofellowship.org

Typical Sedona Weather



Located in the desert, weather at Sedona Mago Retreat is typically warm and sunny during the days, turning cooler in the evenings and early mornings.

Weather				Sunrise/Sunset		
Month	High	Low	Precipitation	Month/Day	Sunrise	Sunset
Jan	55.0	29.7	1.70"	Jan 1 15	7:32 7:29	5:31 5:43
Feb	59.1	32.2	1.54"	Feb 1 15	7:25 7:12	5:59 6:13
Mar	63.3	35.0	1.67"	Mar 1 15	6:58 6:39	6:25 6:35
April	72.1	42.1	1.17"	Apr 1 15	6:17 5:59	6:48 6:59
May	81.2	49.2	.56"	May 1 15	5:40 5:28	7:11 7:21
Jun	90.7	57.2	.49"	Jun 1 15	5:20 5:17	7:33 7:39
Jul	95.1	65.1	1.89"	Jul 1 15	5:22 5:29	7:42 7:39
Aug	92.3	63.7	2.42"	Aug 1 15	5:40 5:50	7:28 7:14
Sep	88.3	58.1	1.51"	Sep 1 15	6:02 6:11	6:55 6:35
Oct	77.9	48.5	1.16"	Oct 1 15	6:22 6:33	6:13 5:55
Nov	65.1	36.9	1.32"	Nov 1 15	6:46 6:59	5:37 5:26
Dec	56.4	30.5	1.73"	Dec 1 15	7:14 7:25	5:20 5:22
Year				74.7	45.7	17.15"
Average temperature (F) and precipitation are based on a 30 year average. Average annual snowfall is 8.8"						

Arizona does not observe daylight savings, thus Sedona's time is always Mountain Standard.

Sedona is at 4,500 feet, therefore more mild than Flagstaff at 7,000 feet.

Shuttle Time Table (updated August 1, 2011)

From Phoenix airport to Sedona Mago Retreat (Mago Garden), you will take two shuttles. First, you will take the **Sedona-Phoenix Shuttle** from the airport to the **Sedona Phoenix Shuttle office in Cottonwood** (2 hrs). When you arrive at the Cottonwood shuttle office, you will take the 2nd shuttle which will take you to SMR (35 min). Depending on your shuttle time you may wait at the Cottonwood shuttle office for the Mago Shuttle (maximum: 1 hr). The Cottonwood shuttle office is open everyday from 6am-9pm and has bathrooms and a waiting area. **Please make your arrangements/reservations in advance for Sedona-Phoenix Shuttle. For more information visit: <http://www.sedona-phoenix-shuttle.com>**

Shuttle Reservation Information

SEDONA -PHOENIX SHUTTLE	MAGO Shuttle
800-448-7988 928-282-2066	800-875-2256 928-204-3391, 3392
Price: One way \$50, Round trip \$80 (Mention Mago Garden to receive discount on roundtrip ticket only. No discount on one-way ticket)	Free of Charge

Shuttle Time Table

From	From PHOENIX to Cottonwood Office		MAGO Shuttle	
	Leave Phoenix Airport	Arrive Cottonwood Shuttle Office	Leave Cottonwood Shuttle Office	Arrive SMR (Mago Garden)
Phoenix Airport to Sedona Phoenix Shuttle Cottonwood Office	9:00 am	11:10 am	11:20 am	12:00 pm
	10:00 am	12:10 pm	1:20 pm	2:00 pm
	11:00 am	1:10 pm		
	12:00 noon	2:10 pm	3:20 pm	4:00 pm
	1:00 pm	3:10 pm		
	2:00 pm	4:10 pm	4:20 pm	5:00 pm
	4:00 pm	6:10 pm	6:20 pm	7:00 pm
	6:00 pm	8:10 pm	8:20pm	9:00pm
8:00 pm	10:10 pm	10:20pm	11:00pm	

From	MAGO Shuttle			From Cottonwood Office to PHOENIX	
	Meet Where	Leave SMR (Mago Garden)	Arrive Cottonwood Shuttle Office	Leave Cottonwood Shuttle Office	Arrive Phoenix Airport
Sedona Phoenix Shuttle Cottonwood Office to Phoenix Airport	Welcome Center	Adjustable	Adjustable	4:40 am	7:30 am
				5:40 am	8:30 am
				6:40 am	9:30 am
				7:40 am	10:30 am
		8:30 am	9:30 am	8:40 am	11:30 am
		10:30 am	11:30 am	9:40 am	12:30 pm
		12:30 pm	1:30 pm	11:40 am	2:30 pm
		2:30 pm	3:30 pm	1:40pm	4:30 pm
		3:40 pm	6:30 pm		

Alternative Transportation

ACE SHUTTLE : 928-639-3357 (Call for schedule) Price: One way \$60, Round Trip \$99

Red Rock Cab: 928-634-7777, fare is about \$220 one way (Phoenix to Cottonwood) \$2.00/mile. **Ask fare beforehand.**

※ (from **FLAGSTAFF**) Coconino/Yavapai Shuttle Service: 928-634-7777.